

Conference &  
Event Centre

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*For more information on conferencing and events contact:*

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yauvana  
SPA

*For more information on Yauvana Spa contact:*

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HealthClub

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KINGSLEY  
HOTEL

*For more information on Private Dining  
or a stay at the Kingsley Hotel contact:*

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Conference and Events at the Kingsley  
It's all about style and composure

KINGSLEY  
HOTEL



We are your partners, added value comes as standard at the Kingsley

## Conference and Events at the Kingsley

The Kingsley Conference and Events Centre has established an excellent reputation as the premier venue for small to large sized meetings in Cork.

11 meeting rooms with up-to-date technology ideal for one to one interviews, an annual board meeting, a seminar for 250 people, management training courses or off-site executive board meeting.

Our personnel are trained to assist in all aspects of your meeting. Please give us a call and we will endeavour to meet your requirements.

## Our Facilities



- Dedicated Conference Coordinator
- All rooms fully air-conditioned
- Natural light with black out facilities
- Hard wired and wireless internet access in all rooms
- Remote hand consoles for voice and data
- International voice conferencing phone
- Electronic white screens
- Plasma screens in built in conference rooms
- Data projection in built in all rooms
- Underground car park complimentary to delegates
- Registration desk
- Break out area
- Secretarial office
- Business centre
- Private dining at the Kingsley
- Butler service

KINGSLEY  
HOTEL





THE RESIDENCE

## Private dining at the Kingsley

Classic Dining Rooms offering an innovative mix of traditional and modern cooking. Each of the three Dining Rooms are individually designed to the highest standard catering for parties of 20 people to 200 people.

- Private Dining Host
- Personalised Menu
- Plate Service
- Mood Lighting
- Silver Cutlery/Crystal Glass Ware
- Name Place Cards
- Air Conditioned
- Extensive Wine Menu

Sample Private Dining Menus are available on request, however if you require alternatives, we would be delighted to assist you.

## Exclusive Private Dining Experience

The McAleese Suite overlooking the river Lee caters exclusively for parties of up to 20 people. The sheer luxury of the suite is an experience in itself. Butler service and private bar are but a few of the highlights.

## Guestrooms...designed with you in mind

The supreme place of relaxation offering the ultimate in luxury and comfort, with lavishly decorated bedrooms and opulent en suite bathroom.

- All rooms are non smoking
- Voicemail
- Fully air conditioned
- Mini Bar
- Bathrobe and slippers
- Walk in shower and bath
- Luxurious beds with mattress toppers
- Integrated in-room entertainment system with LCD T.V.
- Personal safe
- Trouser press, iron & ironing board and hair dryer
- Tea/coffee facilities and espresso machine
- Work station with broadband connection
- Goose down feather duvet

## The Residence

Nestled on the banks of the river Lee overlooking the weir and within a Hotel setting, our Kingsley Residence will become known as "a home from home". The personal attention of a well trained, caring team creates an 'at home' ambiance as soon as you walk in. This modern style and newly designed Hotel building surrounds the peaceful courtyard, offering a true respite from the hustle of most hotel environments. This luxurious 18 two bed roomed residence, with private car ports, maintains the level of service expected to impress and pamper the most discerning traveller.



the fountain of youth

Yauvana is an Ayurvedic Urban Lifestyle Spa focussed on holistic treatments which are results oriented with the themes of Ayurveda and anti-aging at its core.

Our treatment range is designed to compliment and accentuate one's lifestyle. Our philosophy is to recommend specific treatments that will compliment our guest's lifestyles resulting in a personalised treatment with follow on advice on how to incorporate this approach into everyday life through the use of products and/or different treatments.

Our 12 luxuriously appointed treatment rooms are complimented by a wonderful Thermal Suite comprising of various heat therapies including Serail, Hamam, Laconium, Caldarium, Finnish Sauna, Heat & Light Therapy and Experience Showers.

The result is a rejuvenated, relaxed and pampered self.



focusing on the individual - delivering results

The Kingsley Health Club is the premier health club in Cork providing world class facilities and the highest level of service. At the very forefront of health related fitness, we are continuously promoting the known health benefits gained from exercise in a way that is encouraging and motivating.

Our philosophy is a results orientated approach to health and fitness. Our team of expert trainers work with our members to establish realistic goals and assist in incorporating the activities required into their lifestyles. Whether the goal is weight management, health related fitness, relaxation, injury rehabilitation and prevention or sport specific; our trainers are highly qualified in all areas and can deliver results.

Facilities and services include fully equipped gymnasium, 18 metre swimming pool, sauna, steam room, outdoor Hydro pool, Kinesis, Spinning classes, Pilates, luxurious changing areas and personal lifestyle management programmes.

